

A First Responders Summit

Help Yourself to Help Others: A Trauma Informed & Resiliency Summit



April 30, 2016

8:30 am – 1:00 pm

**St. Petersburg College-Tarpon Springs Campus
(Lycum Building)**

As a first responder, you go into your day knowing that traumatic events will occur. This summit focuses on understanding the origin of trauma, the impact of trauma on first responders – secondary trauma, and how to combat compassion fatigue/burnout to lead to resilience.

We hope you will join us in this **free event** to learn more about how you can help yourself so that you can continue to help others.

Agenda

8:30 -9:00	Registration and Continental Breakfast
9:00 – 9:15	Welcome
9:15 – 10:00	Keynote Speaker – Captain Darren Ivey, Kansas City Police Department
10:00 – 10:15	Break/Networking
10:15 – 11:00	Session I
11-11:15	Break/Networking
11:15 – 12:00	Session II, Tiffany Kline, Tampa Fire Rescue
12:00 -12:15	Break/Networking
12:15 – 12:30	Wrap up and Data Results of ACEs Survey
12:30 – 1:00	Panel Discussion/Q&A
1:00	Summit Ends

Register now for this outstanding summit at <http://webapps.spcollege.edu/survey/20668> and for more information, please contact Wendy Sedlacek at (727) 741-2043.

