



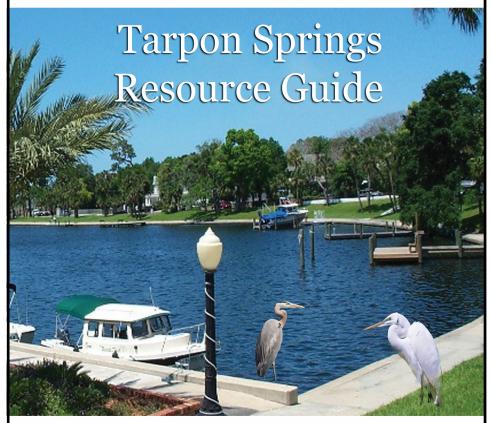








2015 - 2016



Together we can create a strong, thriving, compassionate Tarpon Springs.



Notes

Dear Tarpon Springs Residents,

Peace4Tarpon is working to create a peaceful and thriving Tarpon Springs through becoming a Trauma Informed Community.

Communities are charged with finding solutions to a wide range of challenges. These include issues such as domestic violence, bullying, joblessness, homelessness, substance abuse and many others.

Often, the seeds of these issues were planted many years before they show up in the lives of individuals and communities. If we search for the roots of issues, they can be found in traumatic or adverse experiences which happened to us as children or young adults. Peace4Tarpon is a holistic approach working to solve our most challenging community issues. We seek to understand and address the root causes of issues, not just the symptoms.

We know that a connected and trauma aware community is a healthy and resilient community.

Human beings are resilient and can heal from trauma, especially when we are all working toward the same vision. Our vision is for the Tarpon Springs Community to become a place where all are safe, healthy, educated, respected and valued. We are all in this together, and as a community, we can do this together!

We are pleased to present this Community Resource Guide featuring local resources. Whether you are a parent, business owner, service provider, school teacher, police officer or community volunteer, this guide is intended to assist individuals in obtaining support and services.

The guide can be downloaded from Peace4Tarpon.org and we hope you find it to be a helpful tool.

Sincerely, *Robin Saenger*Peace4Tarpon, Founding Director





Tarpon Springs Community Resource Guide

Here in Tarpon Springs there are many resources available to the every-day person without exception. With efforts through the *Peace4Tarpon Trauma Informed Community Initiative* and their dedication to prevent future trauma, this resource guide was compiled to help every person in the community obtain assistance and support in living healthier lives.

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2-1-1 Facts & Information

2-1-1 serves approximately 260 million Americans (86.6% of the entire population) covering all 50 states (including 37 states with 90%+ coverage) plus Washington, DC and Puerto Rico. Yet, millions of Americans still need to be connected. In the Tampa Bay area, 2-1-1 Tampa Bay Cares, Inc. provides 2-1-1 services to Pinellas, Citrus, Hernando, Lake, and Sumter Counties.

WHAT IS 2-1-1?

2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.

While services that are offered through 2-1-1 vary from community to community, 2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis. 2-1-1 offers access to the following types of services:

- Basic Human Needs Resources: food banks, clothing, shelters, rent assistance, utility assistance.
- Physical and Mental Health Resources: crisis intervention services, support groups, counseling, drug/alcohol intervention, rehabilitation, Medicaid/Medicare, children's health insurance programs.
- Employment Support: unemployment benefits, financial assistance, job training, transportation assistance, education programs.
- Support for Older Americans and Persons with Disabilities: home health care, adult day care, congregate meals, Meals on Wheels, respite care, transportation, and homemaker services.
- Support for Children, Youth and Families: Quality childcare, after school programs, Head Start, family resource centers, summer camps and recreation programs, mentoring, tutoring.
- Volunteer Opportunities and Donations

BENEFITS TO 2-1-1 USERS

One call gives you access to resources across your community. 2-1-1 is efficient, fast and easy to use; find or give help in your community; confidential call; maintains the integrity of the 9-1-1 system; saving that vital community resource for life and death emergencies; FREE 24-hour/7 day a week availability; 2-1-1 is always there for you.

If you're needing help, call 2-1-1 or email <u>info@211tampabay.org</u> Websites at: www.211tampabay.org or www.211connects.org



Notes

Suncoast Center, Inc.

NEW TARPON
SPRINGS LOCATION



NEW TARPON SPRINGS LOCATION

Serving all of Pinellas County including Tarpon Springs Next door to Cops 'n Kids Youth Center

555 East Harrison Street Tarpon Springs, Florida

Suncoast Center is dedicated to helping more than 23,000 children, adults and families each year ... "through strengthening, protecting and restoring lives for a healthy community."

Offering a wide range of care for Children, Families and Adults:

- Children's Advocacy Center of Pinellas
- Early Childhood Services
- Family Therapy
- Medical Foster Care
- Trauma Therapy for Children and Adults
- School Based Clinical Services
- Parent Aide Mentoring Program

- Individual and Group Therapy for Mental Health and Substance Abuse
- Financial Counseling and Education
- Sexual Assault Victim Examination
- Rape Crisis Center of Pinellas

Accessibility & Flexibility

Our doors are open to the community, offering professional, accredited services, when and where we are needed. Flexible appointments are available across a variety of community sites, as well as in clients' homes.

Suncoast Center accepts private pay, Medicare, Medicaid and private insurance. Reduced fees or no-cost services may also be available to those who qualify.

P.O. Box 10970 St. Petersburg, FL 33733 www.suncoastcenter.org

Administrative Offices: (727) 327-7656 TTY: 711

To Make an Appointment: (727) 388-1220

24hr Rape Crisis Hot Line: (727) 530-RAPE (7273)

Basic Needs (food, clothing, financial support, etc.)

Clothes To Kids

727-441-5050

www.clothestokids.org

1059 N. Hercules Avenue Clearwater, Florida

- Hours by appointment, Tuesday-Friday, 1st and 3rd Saturdays, 9 a.m. 12 p.m.
- Provides new and used quality clothing free of charge to school-age children eligible to receive free or reduced lunch in Pinellas County
- Clients may shop twice in 12-month period, must have referral each time they shop, must make an appointment before

Mount Hermon Missionary Baptist Church

727-937-7015

www.mhmbc.net

400 South Levis Avenue Tarpon Springs, Florida

• Hot Meals: Saturday 11 a.m. - 12 p.m.

Mt. Moriah A.M.E. Church

727-938-0873

722 South Disston Avenue Tarpon Springs, Florida

• Hot Meals: Tuesday 10:30 a.m. - 12 p.m.

Resources - continued

Trauma Informed Child Welfare Practice Toolkit http://www.chadwickcenter.org/CTISP/images/TICWPracticeToolkit.pdf

Trauma-sensitive Schools http://traumasensitiveschools.org

Harvard Center for Developing Child http://www.developingchild.harvard.edu



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Resources

The media gallery resources provides educational videos on the field of trauma sensitivity and book references from our local City library. http://www.peace4tarpon.org

The videos were created by dedicated, professional and lay people covering a wide range of topics related to trauma, healing and resiliency. http://peace4tarpon.org/media

Web Resources for further information: ongoing research developments, initiatives, resources and legislative updates:

National Child Traumatic Stress Network- http://www.nctsnet.org
or http://www.nctsnet.org

Aces Connection http://www.acesconnection.com

National Institute of Mental Health http://www.nimh.nih.gov

Veterans Administration http://www.ptsd.va.gov

Florida Association for Infant Mental Health http://www.faimh.org

Zero To Three http://www.zerotothree.org

American Psychological Association http://www.apa.org/topics/trauma

Boston Witness to Violence Project http://www.childwitnesstoviolence.org

Pinellas Opportunity Council Financial Assistance

727-937-9393

www.poc-inc.org

218 Lemon Street Tarpon Springs, Florida

- Financial guidance and support is available by appointment only
- Provides one time financial assistance for water bills

Saint Nicholas Greek Orthodox Cathedral

727-937-3540

www.epiphanycity.org

36 North Pinellas Avenue Tarpon Springs, Florida

• Hot Meals: Monday, 10:30 a.m. - 12:00 p.m.

Saint Timothy Lutheran Church

727-937-3503

www.mylutheran.com

812 East Tarpon Avenue Tarpon Springs, Florida

• Hot Meals: Thursday, 11 a.m. - 12 p.m. and 5 - 6 p.m.

Salvation Army Social Services

727-934-4476

www.salvationarmy.org

209 South Pinellas Avenue Tarpon Springs, Florida

- Food pantry available Free holiday dinners for Thanksgiving and Christmas to families that register
- Disaster referral to Red Cross
- Utility bill assistance up to \$100, three times in lifetime with mandatory one year in-between

www.peace4tarpon.org

Basic Needs - continued

The Shepherd Center

727-939-1400

www.tsshepherdcenter.org

304 South Pinellas Avenue Tarpon Springs, Florida

Center Hours: Monday thru Friday, 9 a.m. - 6 p.m. Saturday, 10 a.m. - 5 p.m., Sunday, 10 a.m. - 5 p.m.

- Food Pantry and meals available Monday Saturday, 10:30 a.m.
 12 p.m., Sunday, 4-5 p.m.
- Emergency food, clothing, furniture, financial support, referrals to other community services, and sponsors community kitchens
- Free holiday dinners for Thanksgiving and Christmas to families that register

Hot Meals and Food Pantries Available at below locations:

- * Monday: Saint Nicholas Greek Orthodox Cathedral
- * Tuesday: Mount Hermon Missionary Baptist Church
- * Wednesday: Ring Street Community Building
- * Thursday: St. Timothy's Lutheran Church
- * Friday: Ring Street Community Building
- * Saturday: Mount Hermon Missionary Baptist Church
- * Sunday: Ring Street Community Building

Other Services

AARP Tax Preparation Sites

727-943-4922

(located in Tarpon Springs Library) www.aarp.org/money/taxaide

138 East Lemon Street Tarpon Springs, Florida

• Hours: Monday and Tuesday, 10 a.m. - 1 p.m.

Neighborly Care Network -Solomon Peska Center (PSK)

727-573-9444

www.neighborhly.org

13945 Evergreen Avenue Clearwater, Florida

• Provides services such as, Meals on Wheels, Medicare home health, pharmacy, transportation, and adult day care

Pinellas County Tax Collector

727-464-7777

www.taxcollect.com

743 South Pinellas Avenue Tarpon Springs, Florida



Veterans Services - continued

St. Petersburg College/ Veterans Resource Center

727-712-5848

www.spcollege.edu/veterans

Tarpon Springs Campus 600 East Klosterman Road Tarpon Springs, Florida

- Connect Veteran students to college resources to achieve educational goals
- General assistance for Veteran students (outreach)

VA Outpatient Clinicwww.healthcare.com/profile/north-pinellas-va-health-clinic

727-734-5276 Suicide Hotline: 1-800-273-8255

35209 US Highway 19 North Palm Harbor, Florida

- Hours: Monday Friday, 7:00 a.m. 4:30 p.m.
- Primary care
- Mental health care
- Women's health care
- EKG services
- Phlebotomy (blood draws, and specimen collection)
- Social work services
- Pharmacist consultation

Child Care

Boys & Girls Club of the Suncoast

727-937-6837

www.bgca.org

111 W. Lime Street Tarpon Springs, Florida

- Provides child care for after school, holidays, and summer break
- Offers national programs, such as power hour reading, and math
- Youth participate in community projects, such as gardening

Head Start Center

727-938-4919

www.pcheadstart.org

516 South Huey Avenue Tarpon Springs, Florida

- Free childcare scholarships for eligible families
- Serving children birth to school-age

Healthy Families

727-588-4040

12420 130th Avenue North Largo, Florida

A nationally accredited home visiting program for expectant parents and parents of newborns experiencing stressful life situations

- Improve family self-sufficiency through education and community support
- Parents learn how to respond to their babies' changing developmental needs, use positive discipline techniques, cope with the day-to-day stress of parenting, set and achieve goals

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Child Care - continued

Healthy Start <u>www.healthystartpinellas.org</u>

727-469-5800 Ext. 5153

310 South Disston Avenue Tarpon Springs, Florida

- Voluntary program provides in home family support
- Assistance to other county programs for pregnant women and families with children birth to age two

R'Club Early Learning Academy

727-938-1611

www.rclub.net

1019 East Lemon Street Tarpon Springs, Florida

- Daycare for children 2-12 years old
- Before and after school, holiday, and summer break programs
- Provides recreation and enrichment programs for youth

Tarpon Springs Adult Day Care Center "Neighborly Care Network"

727-573-9444 Ext. 3051

www.neighborly.org

431 East Spruce Street Tarpon Springs, Florida

- Hours: Monday-Friday, 7:30 a.m. 4:30 p.m.
- Day care cost are \$11/hour without transportation, \$12.75 with transportation

Veterans Services

Clinical and Consulting Hypnosis Services and Anxiety Free Me

727-467-4213

Darlene Williams, Ph.D., P.A. Tarpon Professional Center

1501 S. Pinellas Avenue, Suite P Tarpon Springs, Florida

Licensed psychologist, co-founder Equusolutions, a not-for-profit matching rescue horses with veterans experiencing PTSD/MST. She offers a free monthly equine-assisted psychotherapy group for military women, see HorseCorps.com for more information. Retreats available.

Anxiety Free Me Hypnosis

Chris Hrabovsky, C.H., LLC

Chris utilizes various technologies, including but not limited to Eurolinguistics Programming, Rapid Resolution Therapy, Kundalari Yoga, Brain Gym and Emotional Freedom Technique to help his clients move forward to achieve their goals.

Pinellas County Veteran's Services 727-464-8460 www.pinellascounty.org/humanservices/veterans

2189 Cleveland Street, Suite 201 Clearwater, Florida

Transportation

Florida Department of Highway Safety and Motor Vehicles -Drivers License

727-464-7777

www.flhsmv.gov

743 South Pinellas Avenue Tarpon Springs, Florida

• Hours: Monday - Friday, 8 a.m. - 5 p.m.

Greater Pinellas Transportation Management System

727-545-2100

www.gptms.com

• A variety of bus passes are available based on eligibility

Medicaid Taxi Service Transportation Disadvantaged Program

727-545-2100

www.psta.net/tdprogram.php

- Discounted transportation services based on eligibility
- Please Note: You must call 80 hours (4 business days) before your scheduled medical appointment
- Emergencies are exceptions

PSTA Buses www.psta.net

727-540-1900 For Information

- Individual day, weekly, monthly, bus passes are available
- Discounted rates for seniors

Text4Baby

Text messages three times a week with information to help you through pregnancy and baby's first year.

Go to: www.Text4baby.org for set up

Domestic Violence

The Haven of RCS Hotline:

727-442-4128 (24/7)

Outreach: 727-441-2029

TTY (Hard of Hearing phone line)

727-446-2148

www.rcspinellas.org

- Emergency Safe House, for women and children
- Outreach Services: support groups for women and children, counseling for women, men, and children, legal advocacy, 911 cell phones
- All services are free, bilingual/Spanish services available

Education

Brooker Creek Elementary School 7

727-943-4600

www.pcsb.org

3131 Forelock Road Tarpon Springs, Florida

East Lake High School

727-942-5419

www.pcsb.org

1300 Silver Eagle Drive Tarpon Springs, Florida

Education

First United Methodist Church

727-937-3271

www.fumctarponsprings.org

501 East Tarpon Avenue Tarpon Springs, Florida

- Tutoring available for youth, Mondays, 3-5 p.m., based on school referral
- Free backpacks with supplies are distributed before start of school year

St. Petersburg College

727-712-5713

www.spcollege.edu

Tarpon Springs Campus 600 East Klosterman Road Tarpon Springs, Florida

• College provides guidance to new and existing students

Sunset Hills Elementary School

727-943-5523

www.pcsb/sunsethills-es

1347 Gulf Road Tarpon Springs, Florida

Leepa Rattner Museum

727-712-5762

www.spcollege.edu/museum

600 East Klosterman Road Tarpon Springs, Florida

- Hours: Tuesday, Wednesday, Saturday, 10 a.m. 5 p.m. Thursday, 10 a.m. 8 p.m., Friday, 10 a.m. 4 p.m. Sunday, 1 5 p.m.
- Children and youth are free, Adults \$6.00, Seniors are \$5.00
- Galleries contain modern and contemporary paintings, sculptures, graphics, and fine art glass, including work by the Rattner family and other artists

Sunset Beach

727-942-5610

78 Gulf Blvd. Tarpon Springs, Florida

- Free city beach, hours are sunrise to 10:00 p.m.
- Free monthly concerts April through November Bring lawn chairs and picnic basket, hot dogs, etc. are sold.

Tarpon Springs Dog Park

Live Oak Street near corner of Safford Avenue Tarpon Springs, Florida



Recreation - continued

- Computer labs for team building and leadership classes
- Science, technology, engineering, arts and math classes on campus
- Organic Gardening
- Field trips to Tampa Bay area venues
- Highly experienced and credentialed staff team: Full time police officer and school faculty
- Mentor approach to guiding youth
- Youth council projects
- Parent lead projects and family support
- "You've Been Bagged" by Cops 'n Kids Community Beautification Projects
- Collaborative partnerships with local schools, churches, organizations and businesses
- The youth enjoy many fun classes such as art, leadership, science, and technology

Fred Howard Park

727-943-4081

www.pinellascounty.org/park/06 howard.htm

1700 Sunset Drive Tarpon Springs, Florida

- Hours: 7 a.m. Sunset
- Park and beach are free to public, parking \$5

Tarpon Springs Elementary School

727-943-5500

www.pcsb/tarpon-es

555 East Pine Street Tarpon Springs, Florida

Tarpon Springs Fundamental School 727-943-5508

www.pcsb/tarponfund-es

400 East Harrison Street Tarpon Springs, Florida

Tarpon Springs High School

727-943-4900

www.pcsb/tarpon-hs

1411 Gulf Road Tarpon Springs, Florida

Tarpon Springs Library

727-943-4922

www.tarponspringslibrary.org

138 East Lemon Street Tarpon Springs, Florida

- Hours: Monday Wednesday, 10 a.m. 9 p.m. Thursday, and Friday, 10 a.m. - 6 p.m. Saturday, 10 a.m. - 5 p.m., closed Sundays
- Free library cards are available for Pinellas County residents

Tarpon Springs Middle School

727-943-5511

www.pcsb/tarpon-ms

501 North Florida Avenue Tarpon Springs, Florida

Phone: 727-943-5511

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Emergency Services

Assistance/helpline www.211connects.org

Dial: 211

- An easy way to find food, shelter, clothing, medical, and mental health services
- Support for seniors and persons with disabilities
- Support for children, youth, and families
- Financial assistance
- Mentoring and tutoring
- Prescription assistance
- Back to school information
- Disaster recovery assistance
- Free tax preparation sites

911 Emergency Assistance

• A direct connection to hospital, police, fire, emergency services

Child Abuse and Domestic Violence Hotline

1-800-500-1119

727-943-0510

Dial: 911

www.dcf.state.fl.us/programs/abuse

East Lake Fire Rescue

www.eastlakefirerescue.com 3280 Keystone Road

Tarpon Springs, Florida

Boys & Girls Club of the Suncoast

727-937-6837

www.bgcsun.org

Tarpon Springs Club 111 W. Lime Street Tarpon Springs, Florida

- Teen Programs
- Offers sports, dance, arts

City of Tarpon Springs Recreation Center

727-942-5628

www.TSRDonline.com

400 South Walton Avenue Tarpon Springs, Florida

- Hours: Monday Thursday, 7 a.m. 9 p.m. Friday, 7 a.m. 6 p.m., Saturday, 9 a.m. 2 p.m.
- Provides recreation, after school and summer programs
- Low cost membership available

Cops 'n Kids Youth Center www.copsandkids.us

Center 727-934-4800 Cell

555 & 560 East Harrison Street Tarpon Springs, Florida

727-776-7945

(Next door to Dorset Park & Suncoast Center)

- Quality afterschool and summer camp programming, including winter and spring breaks
- Licensed Child Care Center
- Programs for elementary, middle, and high school age youth ages 7-17 years
- Academic tutoring one on one
- Daily homework help

Medical/Dental Needs - continued

Shine Program

727-217-8111

www.ctsfl.us/recreation

Tarpon Springs Community Center 400 South Walton Avenue Tarpon Springs, Florida

• Medicare/Medicaid medical guidance and support

Sickle Cell Association

727-943-2355

www.sicklecellupph.org

Sickle Cell Disease Association 401 East Martin Luther King, Jr. Drive Tarpon Springs, Florida

Guidance and services for individuals and families

Wheelchairs 4 Kids

727-946-0963

www.wheelchairs4kids.org

1976 Pinellas Avenue South Tarpon Springs, Florida 34689

• Improves the lives of children with physical disabilities

Recreation and After School Programs

A. L. Anderson Park

727-943-4085

39699 U.S. Hwy. 19 N. Tarpon Springs, Florida

• Hours: 5:00 a.m. - 10:00 p.m.

Florida Hospital North Pinellas

727-942-5000

www.fhnorthpinellas.com

(formerly Helen Ellis Memorial Hospital) 1395 South Pinellas Avenue Tarpon Springs, Florida

Personal Enrichment Through Mental Health Services (PEMHS) www.pemhs.org

727-541-4628 24-Hour Mental Health Assistance

• Mental health emergency assistance

727-791-3131 24-Hour Suicide

Hotline

Tarpon Springs Fire Rescue

727-938-3737

www.ctsfl.us/Fire/fire

444 South Huey Avenue Tarpon Springs, Florida

Tarpon Springs Police Department

911 Emergency

www.tspd.us

444 South Huey Avenue Tarpon Springs, Florida

727-938-2849 Non-Emergency

Employment

Worknet One-Stop Career Center

727-524-4344

www.worknetpinellas.org

682 East Klosterman Road Tarpon Springs, Florida

• TTY (Hard of Hearing phone line) 711

• Assists people in finding employment

Faith Based Organizations

Church on Bayou Presbyterian Church

727-937-3795

www.churchonthebayou.org

409 Whitcomb Blvd. Tarpon Springs, Florida

Congregation B'NAI Emmunah

727-938-9000

www.bnaiemmunah.org/

3374 Keystone Road Tarpon Springs, Florida

First United Methodist of Tarpon Springs

727-937-3271

www.fumctarponsprings.org

501 E. Tarpon Avenue Tarpon Springs, Florida

Mount Hermon Missionary Baptist Church

727-937-7015

www.mhmbc.net

400 South Levis Avenue Tarpon Springs, Florida

• Hot Meals: Saturday 11 a.m. - 12 p.m.

Mt. Moriah A.M.E. Church

727-938-0873

722 South Disston Avenue Tarpon Springs, Florida

• Hot Meals: Tuesday 10:30 a.m. - 12 p.m.

Medical/Dental Needs

Community Health Center of Pinellas

727-944-3828

www.chcpinellas.org

247 South Huey Avenue Tarpon Springs, Florida

- Adult and children doctor services Monday Friday, 8 a.m. 5 p.m.
- Children's night clinic, Wednesdays open until 7 p.m.
- Income based services, ranging from \$20-\$60 per visit or free to Pinellas County health insurance members
- Services include: family practice, pediatrics, obstetrics, gynecology, and dental care

Pinellas County Health Department 727-942-5457 www.pinellashealth.com

301 South Disston Avenue Tarpon Springs, Florida

- Monday thru Friday, 8 a.m. 5 p.m.
- WIC (Women, Infants and Children), nutritional supplies for babies and young children, family planning/pregnancy counseling, Immunizations
- Dental services for children and adults
- Sexually Transmitted Diseases and HIV Testing
- Documentation request for birth certificates and death certificates



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Legal Supportive Services

The Pinellas Ex-offender Re-entry Coalition 1200 S. Pinellas, Suite 8

727-557-5194Questions-Rico Green **727-458-7775**

This agency was established to address the needs of ex-offenders transitioning from incarceration back into society. They understand the difficulties and can help you! Group Times/ Assessments/Fees Denise Hughes-Conlon

They offer a wide variety of groups such as; Batterers Intervention, Anger Management, Substance Treatment. They do assessments for each group, which includes the ACE Test. These are offered at all three of there locations. Case management is offered by appointment only at the Clearwater location.

NEW TARPON SPRINGS LOCATION

Florida Department of Corrections

727-942-5411

www.dc.state.fl.us

1501 South Pinellas Avenue, Suite L Tarpon Springs, Florida

New Beginning Oneness Center

727-415-3600

www.newbeginningoneness.org

210 S. Pinellas Avenue Tarpon Springs, FL 34689

"New Beginning Oneness is a trans-denominational community which believes in the underlying perfection and harmony of the Universe and the divine, infinite potential of all mankind."

Services Offered: Reiki, GI Gong, Yoga, Dance, Meditation, Women's Sacred Luncheon, Amazing Woman, Course in Miracles, Empowering Lifestyles, Life Coaching, Past Life Regression, and Drumming Circles. A variety of spiritual classes, workshops, and events.

Visit their Gift and Book Shop!

Saint Nicholas Greek Orthodox Cathedral

727-937-3540

www.epiphanycity.org

Church: 36 North Pinellas Avenue Office: 17 East Tarpon Avenue Tarpon Springs, Florida

• Hot Meals: Monday, 10:30 a.m. - 12:00 p.m.

Saint Timothy Lutheran Church

727-937-3503

www.mylutheran.com

812 East Tarpon Avenue Tarpon Springs, Florida

• Hot Meals: Thursday, 11 a.m. - 12 p.m. and 5 - 6 p.m.

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Faith Based Organizations - continued

Unitarian Universalist Church www.uutarpon.org

727-937-4682 727-934-6224

727-467-4213

230 Grand Blvd. Tarpon Springs, Florida

TWIN (Tarpon Women's Interfaith Network)

lynnjoy255@tampabay.rr.com

Their mission is to Promote greater awareness and appreciation of all faiths and cultures to create a peaceful world.

Family Support/Individual Counseling

ACTS Pinellas Residential Facility 727-942-4181 www.actsfl.org

3575 Old Keystone Road Tarpon Springs, Florida

 Residential program for male and female adults with mental health and substance abuse treatments

Clinical and Consulting Hypnosis Services and Anxiety Free Me

Darlene Williams, Ph.D., P.A.

Tarpon Professional Center 1501 S. Pinellas Avenue, Suite P Tarpon Springs, Florida

Licensed psychologist, co-founder Equusolutions, a not-for-profit matching rescue horses with veterans experiencing PTSD/MST.

Pinellas County Schools HEAT Program

727-588-6305

www.pcsb.org/homeless-education

301 4th Street SW Largo, Florida

- Serves students who attend Pinellas County Schools
- Helps students and their families that are experiencing homelessness. Also helps unaccompanied youth (students that do not live with their parent or guardian)

Housing

Home Share Pinellas

727-945-1528

www.homeshareprogram.org

500 South Walton Avenue Tarpon Springs, Florida

 Program provides residential matching services for individuals and families looking to share residence for a variety of reasons

Tarpon Springs Housing Authority

727-937-4411

www.tarponspringshousing.com

500 South Walton Avenue Tarpon Springs, Florida

- Each housing arrangement is custom made to fit the individual or family
- Costs will vary based on eligibility





Women's Empowerment Initiative Operation PAR

727-944-3828

www.operationpar.org

247 South Huey Avenue Tarpon Springs, Florida

- Substance abuse services and support
- Physicians on site, by referral

Homeless Services

Cold Weather/Hurricane Storm Homeless Shelter

727-937-3503

www.mylutheran.com

Saint Timothy Lutheran Church

812 East Tarpon Avenue Tarpon Springs, Florida

- Opens approximately at 9 p.m. on nights when temperatures drop to 40 degrees or lower
- Provides a warm place, meals, floor mat, and clothing

Tarpon Springs Homeless Outreach

www.tspd.us

444 South Huey Avenue Tarpon Springs, Florida

727-938-2849

Officer Jose Yourgules

727-215-1728

Karen Main

727-420-9017

John Morgan

• Street outreach program designed to help homeless with placement in housing and other resources

She offers a free monthly equine-assisted psychotherapy group for military women, see HorseCorps.com for more information. Retreats available.

Anxiety Free Me Hypnosis

Chris Hrabovsky, C.H., LLC

Chris utilizes various technologies, including but not limited to Neurolinguistics Programming, Rapid Resolution Therapy, Kundalari Yoga, Brain Gym and Emotional Freedom Technique to help his clients move forward to achieve their goals.

Directions for Living

727-524-4464

www.DirectionsForLiving.org

1437 South Belcher Road Clearwater, Florida

Founded in 1982, Directions for Living has five locations throughout Pinellas and Pasco County and provides life-saving services and social support to almost 15,000 residents annually. We promise to make you our first priority, listen to your story, protect your privacy, focus on your strengths, and restore your hope to ensure that life gets better here.

Services Include:

- Adult and Children's Counseling & Psychiatric Services
- Adult and Children's Psychological Testing
- Adult and Children's Case Management
- Peer-Run Wellness & Recovery Center
- Pharmacy Services
- Early Childhood Consultation
- Homeless Outreach
- Foster Care/Adoption Services
- Diversion Services (for families at risk of entering the Child Welfare System)





Dry Dock/A.A.

727-934-6638

www.aa.org

1733 Alternate 19 Tarpon Springs, Florida

• Support groups seven days a week, including holidays

For the Love of Birth

727-934-1267

www.birthingwithlove.com

1730 South Pinellas Avenue Tarpon Springs, Florida

- Office hours: Monday Friday, 9 a.m. 5 p.m.
- Provides pregnancy and childbirth counseling
- Lamaze classes for expectant mothers

InterCultural Advocacy Insititute Hispanic Outreach Center

727-445-9734

612 Franklin Street Clearwater, Florida

The Hispanic Latino community is the fastest growing population in Clearwater. The ICAI Hispanic Outreach Center works with other agencies to provide services to this growing community. The Hispanic Outreach Center is a program funded by JWB Children Services Council, the City of Clearwater, and others.

Services:

• Family Advocate: provides support to families through counseling, advocacy, referral, education and positive parenting classes

- * Mobile Course Credit Recovery (MCCR) and NOVA NET Access – Computer lab is open daily for public access for Nova Net, an online courseware system able to help students seeking to recover credits that have been lost
- * Sickle Cell office of record personnel responsible counsels clients and makes referrals to the appropriate agency
- * Family Engagement and Involvement parent meetings, workshops, information sharing, computer literacy, intergenerational events, etc.
- * **GED** classes for individuals 16 years old and older who desire a diploma
- * Healthcare Navigators Pinellas County Health and Human Services have trained navigators on site to assist public with comprehending the protections of the Patient Protection and Affordable Care Act

Upper Pinellas Pregnancy Center

727-937-4304

www.st.ignatius.net/pregnant.html

80 North Walton Avenue Tarpon Springs, Florida

- No eligibility requirements
- Pregnancy counseling and support
- Free maternity and children's clothing, diapers, games, books, etc.



- <u>Literacy Program</u>: One on one and group tutoring sessions in reading, writing, mathematics, etc.
- <u>Summer Academic Enrichment Program</u>: Assistance to students in Math, Reading, Technology and other areas

Youth Development

- Technology Program: use online books, Kindle Fire, tutorials, etc.
- Youth Leadership and Career Club: Youth, ages 9 17, career exploration, opportunity to develop, build leadership skills; network and plan community events; cultural competency
- <u>Boys 2 Men</u>: Males, ages 9 17, developing skills, abilities, confidence, goals, character education/building, making decisions
- Girl Scouts of Florida West Coast: For girls of all ages
- <u>Girls Empowered and Motivated for Success (GEMS)</u> Females, ages 9 17, developing a positive self-image
- <u>Book Club</u> Promotes literacy/learning in fun environment; provides books, computer and Kindle Fire for research

Family Support Services

- <u>Family Night Out</u>, every 4th Tuesday of each month for dinner, fellowship, fun and educational fitness/awareness of current and various topics
- <u>Emergency assistance</u> provided to families involved in our Family Support Program
- Other services provided are as follows:
- * ACCESS site Clients can apply for food stamps, temporary cash assistance, Medicaid and Medicare online
- * VITA site Free income tax preparation by IRS trained and certified volunteer income tax preparers
- * CCTV Services for visually impaired

- Youth Specialist: Provides services to families where youth are at risk of school failure
- Mental Health Counselor: Provides counseling services to parents of at-risk children
- Hispanic Leadership Council: Devoted to expansion of needed services and community outreach to enhance integration of immigrant population
- Interpreters: Spanish interpreters are available for HOC clients
- **Hispanic Liason Officer:** A Clearwater Police Department bilingual officer is available at the HOC to assist in answering questions and resolving problems
- Education Forums: In cooperation with other organizations, free seminars are offered in bilingual format. Topics include crime prevention, health/nutrition, housing, and negotiating "life in the U.S.
- Legal Seminars: Immigration clinics are held monthly at the Hispanic Outreach Center in collaboration with Gulfcoast Legal Services and Immigration Law Group of Florida, by appointment only. The participants are provided the opportunity to speak with an attorney free of charge, or with the assistance of an interpreter
- **Preschool group:** Weekly groups for mothers and caregivers with pre-school children (Thursdays at 10 a.m.)
- Hours of Operation are 9:00 a.m. to 5 p.m. Monday to Friday



National Alliance on Mental Illness www.nami-pinellas.org

727-791-3434

Helpline

P.O. Box 12773

St. Petersburg, Florida

- A non-profit agency which helps individuals, their families, and friends with mental illness
- Dedicated to improving the quality of life of those affected by Mental Illness
- Focus on three primary areas that offer hope -- support, education, and advocacy

Pregnancy Center of Pinellas County

727-940-2626

927 E. Klosterman Road Tarpon Springs, Florida

- All services are free and confidential
- Free pregnancy tests and limited ultrasound
- One on one sessions with a trained Life Coach
- Medical and community referrals

Recovery Inc. Mental Health Support Group

727-785-4506

www.mvlutheran.com

Saint Timothy Lutheran Church 812 Tarpon Avenue Tarpon Springs, Florida

• Self-help support groups

Suncoast Center, Inc.

727-388-1220

545 S. Harrison Street Tarpon Springs, Florida

www.suncoastcenter.org

Strengthening, protecting, and restoring the lives for a healthy community. Outpatient and in-home services are provided throughout Pinellas County.

- Counseling and support addressing trauma, mental health, substance abuse, child abuse and neglect and/or domestic violence
- Psychiatric Services
- Proactive and preventive individual and family services to improve functioning
- Certified Rape Crisis Center of Pinellas County, 24-hour Rape Crisis Hotline: 727-530-7273
- Pinellas County Certified Children's Advocacy Center

Union Academy Family Center/ Citizens Alliance for Progress, Inc. (CAP)

727-934-5881

www.citizensallianceforprogress.org/

401 East Martin Luther King Jr. Drive Tarpon Springs, Florida

Educational Support Services

- Academic Enrichment Program (AEP): After-school program for students in grades K-12
- Family Advocacy provides a support person/liaison between the home, school, and after-school program

www.peace4tarpon.org