Soul Injury Leadership Training Opus Peace Institute

This four-day Leadership course, led by Deborah Grassman NP and the Opus Peace team, will provide you with an in-depth understanding of *Soul Injury* and how to liberate unmourned loss and unforgiven guilt/shame. Lessons learned from 10,000 *dying* Veterans by a team of VA hospice nurses will open your eyes on how to love, forgive, and trust yourself to navigate the world again by disarming the heart from fear and shame while cultivating personal intimacy with scattered aspects of your own self.

- Learn about *Soul Injury* and how you can respond personally and professionally
- Strengthen your knowledge about acute and chronic trauma, loss, and shame
- Discover the scientific evidence for how Unmourned Loss and Unforgiven Guilt impact the body while subtly and not-so-subtly sabotaging lives
- Learn how to facilitate hope and healing within yourself, your organization, your community, or your agency

Dates: April 24-27, 2017 Place: Franciscan Retreat Center, Tampa, Florida Rates: \$1,500 double occupancy; \$1,900 single occupancy Rates are all inclusive for training, materials, tools, food, and lodging

"The training was amazing. I am becoming the leader I've always wanted to be by learning about *Soul Injuries* - they are everywhere and now I have the tools to respond." -Stephanie Turner, Kansas City Hospice

"Learning how to re-own, re-home, and re-vitalize pieces of myself and help others do so as well has been invaluable to me personally and professionally."

-Leann Thrapp RN, Cedar Rapids, Iowa



The course is designed for individuals working with personal caregivers, professional caregivers, Veterans, First Responders, seriously- or chronically-ill patients, traumatized/abused/neglected populations, the marginalized, the elderly, families, and others. It can also simply be used for personal recovery from loss, guilt, and shame.

You Will Receive:

- Tools for personal growth and healing
- A replicable process for healing loss, guilt, and shame.
- A templated program for providing a Fallen Comrades Ceremony for Veterans, First Responders, and their families
- A templated program to provide a Compassionate Caregivers Ceremony for Health Care

Providers working in burnout-risk environments

- Guidance for how to contextualize *Soul Injury* program content for your own cause, group, agency, or simply for yourself
- Powerpoints, music slide shows, and other materials to promote your cause by providing presentations on *Soul Injury* at professional conferences, community events, colleges, and at your own agency
- Monthly webinars for networking, inspiration, and problem solving
- Mentoring for one year to hone knowledge and leadership skills
- Information on becoming an *Opus Peace* Affiliate, a revenue-sharing enterprise that empowers you to personally promote the *Soul Injury* message



Soul Injury: I Need a Witness

Opus Peace has started a movement to identify and respond to an unidentified wound that haunts all of us: *Soul Injury*. You may have signed the Congressional Petition declaring January as "National *Soul Injury* Awareness Month." You may have heard the woman who started this movement, Deborah Grassman, on the radio or TV. You may have seen her speak at your organization or read her books, *Peace at Last* or *The Hero Within*, or even seen the recently-released film *Soul Injury: Liberating Unmourned Loss and Unforgiven Guilt* presented by Hospice Foundation of America. Now you can spend time with her and the entire Opus Peace Team (nurses, physicians, trauma counselors, massage therapist, and others) in a peaceful and restorative environment in the Tampa Bay area to dig deeper into understanding and responding to the traumatic and insidious effects of *Soul Injuries*.

24 CE's provided by Hospice Foundation of America for Nurses, Social Workers, Clergy, Psychologists, Marriage & Family Therapists, Nursing Home Administrators, CNA's, Counselors, Addition Professionals.

"Never doubt that a small group of thoughtful, committed people can change the world: indeed it is the only thing that ever has." (Margaret Mead, Anthropologist)

For more information, go to: <u>www.opuspeace.org/soul-injury-facilitator-training-retreat</u>. (Scroll to the bottom of that site to register), or call Pat McGuire at 727 755-4265. You can also speak to prior Leadership Training participants about their experiences. We will provide you with their email address so you can interact with them directly.

Please forward to all who might be interested.

You can help the *Soul Injury* movement by using <u>www.smile.amazon.com</u> for all your online shopping. Identify Opus Peace as your charity of choice, and they will receive .5% of the sale.

