<u>What if you had an evidence-based technique</u> that could actually resolve your client's trauma?



Traumatic Incident Reduction (TIR) Workshop: <u>28 CE Credits*</u> June 15-18th, 2017 (4 days total) Kissimmee, Fl

Traumatic Incident Reduction (TIR) is a person-centered yet intensely focused approach to trauma resolution based on the principle that the very act of trying to repress painful memories is what holds them in place and gives them power over the individual.

TIR is designed to examine the cognitive, emotional, perceptual or other content of past incidents, to reduce or eliminate the emotional charge contained in them, and thus to relieve the patient of their negative consequences, whether or not a diagnosis of PTSD applies to the patient. Traumatic Incident Reduction provides a safe space and the means to fully examine that which had been blocked. In the process, we release our resistance and the painful emotions and negative thought patterns contained in that past trauma.

Traumatic Incident Reduction (TIR) is listed on SAMHSA's National Registry of Evidence-Based Programs and Practices <u>www.tir-nrepp.org</u>. It has also been successful in treating specific phobias, depression, anxiety and addictions.

Workshop Training Outline:

*Basic TIR theory *Application of the "Rules of Facilitation" *Managing communication cycles *Skills designed to facilitate handling client concerns that may occur in a TIR session *The "Unblocking" procedure: theory, technique, demonstration, and practice sessions *Basic and Thematic TIR

*TIR exercises and supervised practice in TIR *Giving and receiving one or more TIR unblocking sessions.

Dates: June 15 -18th, 2017 (four days total)

Time: 10:00 AM to 6:00 PM (one hour for lunch)

Location: 22 North John Young Parkway Kissimmee, Fl 34741

<u>Cost</u>: \$620 per person; Early Bird Special til May 15th - \$595 \$25.00 discount for person bringing a partner

Register: Visit us at www.familycenterflorida.com

or complete and return the Registration Form below.

Workshops involve ample & close supervision, often one-on-one

Presenter:

Judith Steiner is a Licensed Mental Health Counselor, Certified TIR Senior Trainer and Facilitator, LMHC Intern Supervisor, Certified Senior LSR Trainer and Facilitator, TIR Certification Member, as well as Technical Director. She has been in private practice in Venice since 1990. She presents seminars and workshops at home and abroad concerning trauma, PTSD, TIR, Critical Issues in Trauma Resolution, and TIR for Children.

Questions: Contact Chelsea at 941-485-8896 or email: familycenterflorida@gmail.com

*Continuing Education: 28 CE Credits

AMI is approved as a provider of continuing education by the Florida Dept. of Health, Division of Medical Quality Assurance, Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling, CE Provider #50-17430.

This program is approved by the National Association of Social Workers, Provider #886415259 and approved for 28 NAADAC CEU's, Provider #860. The continuing education credits for this program may also be submitted to the Association of Traumatic Stress Specialists towards certification and re-certificating as a Trauma Specialist, a Trauma Responder, and a Trauma Service Specialist.

Participants in all professional disciplines will be provided with documentation of credit hours for use in securing CE credits from their respective licensure boards and/or professional associations.

Traumatic Incident Reduction (TIR) Workshop Registration Form

Name:	
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Degree/Specialty:	
Address:	
Phone:	/Cell:
EMail:	
\$620.00 per perso	
\$595.00 per person	n (Early Bird)
\$25.00 discount fo	or person bringing a partner
Name of Partner:	
Or email completed regis	t <u>www.familycenterflorida.com</u> tration form to: <u>familycenterflorida@gmail.com</u>
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Or mail check and comple	5
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CVV Code: Billing Address Zip Code:	than yours:

Center For Family and Personal Growth, Inc., 417 Commercial Court, Suite E, Venice, FL 34292